



REGISTRATION FORM

Name: _____

Address: _____

PH #: _____

E-Mail: _____

Agency/Organization: _____

Occupation: _____

Please choose a training:

- New Castle County ASIST, Jul. 28-29
- Sussex County ASIST, Aug. 11-12
- Kent County ASIST, Aug. 25-26

If you are interested in setting up a free training for your organization, please let us know.

To Register, you may

- register via fax:
302-654-6838
- register via email:
jseo@mhainde.org
- register via phone:
302-654-6833 ext. 17



visit www.getrightsideup.org
for more information youth suicide
prevention efforts in Delaware.



**Mental Health
Association
in Delaware**

WWW.MHAINDE.ORG
100 W. 10th Street
Suite 600
Wilmington, DE 19801

Phone: 302-654-6833 x 17
Fax: 302-654-6838
E-mail: jseo@mhainde.org



DELAWARE SUICIDE PREVENTION GATEKEEPER TRAINING

**July-August, 2016
TRAINING SCHEDULE**





ASIST

The Workshop

ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide.

Participants often include:

- people concerned about family & friends
- natural helpers and advisers
- emergency service workers
- counselors, teachers and clergy members
- mental health practitioners
- workers in health, welfare or justice
- community volunteers

The Outcome

The emphasis of the ASIST workshop is on suicide first aid, on helping a person at risk stay safe and seek further help. Attendance at the full two days is essential. Learn how to:

- recognize invitations for help
- reach out and offer support
- apply a pathways for assisting life model
- link people with community resources

FACT #3

More than 90% of those who die by suicide have a diagnosable mental illness

ASIST TRAINING DATES

Date	Deadline to Register
July 28-29 <i>New Castle County</i>	July 22
August 11-12 <i>Sussex County</i>	August 5
August 25-26 <i>Kent County</i>	August 19

Registration is required. Space is limited.
ASIST is a two-day workshop from 8:45AM-4:00PM.

All Gatekeeper Trainings are available at no cost.

The location of the workshops will be provided upon registration. Full attendance is required to earn ASIST certificate and CEU application.

WHAT IS ASIST???

ASIST (Applied Suicide Intervention Skills Training)

is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million caregivers have participated in this two-day, highly interactive, practical, practice-oriented workshop. ASIST is the most researched suicide prevention skills training world-wide.

FACT #1

Suicide deaths outnumber homicide deaths worldwide each year

FACT #2

Every 1 hours and 35 minutes, a person under the age of 25 dies by suicide